



Willow

Willow is famous as the original source of **salicylic acid**, this is main ingredient in the headache medicine aspirin.

People have used willow extracts for thousands of years for joint pain and fevers. It is mentioned in ancient texts from Assyria and Egypt.

Marigold

Medical experts sometimes use extracts from the plant, to treat conjunctivitis and skin conditions such as eczema and ulcers.

It can also be swallowed as a pill to treat pain from inflammation and fungal infections.

